

For 24-hour crisis service call:
269-673-0202 or 1-888-354-0596
TTY/TDD #269-686-5313

customerservices@accmhs.org

To apply for services call Access:
269-673-0202 or 1-888-354-0596

ACCMHS Business Hours*:

Monday 8:00 a.m. - 5:00 p.m.

Tuesday 8:00 a.m. - 5:00 p.m.

Wednesday 8:00 a.m. - 5:00 p.m.

Thursday 8:00 a.m. - 5:00 p.m.

Friday 8:00 a.m. - 5:00 p.m.

** Some services may be made available outside these hours.*

Allegan County Community Mental Health
3285 - 122nd Avenue
P.O. Box 130
Allegan, MI 49010

Web site: www.accmhs.org

The programs and services of Allegan County Community Mental Health Services are supported and funded in part by the Michigan Department of Health & Human Services, Allegan County Board of Commissioners, and are administered by the Allegan County Community Mental Health Services Board.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules.

ACCMHS is in affiliation with Lakeshore Regional Entity: CMH Services of Muskegon County, Network180, CMH of Ottawa County, West Michigan CMH.



ACCMHS has been a CARF accredited organization since 1978.



A United Way Agency

10-07-2020

Monday through Friday
1:00 p.m. - 9:00 p.m.
Call 269-673-0202
or toll free 1-888-354-0596

Help for you on the phone or in person.

Call us if:

- An individual is experiencing out of control behaviors that places him/herself at risk of harming self or others.
- An individual is expressing thoughts of suicide.
- An individual is experiencing severe enough stress that results in a significant decline in daily and/or family functioning.
- When you just don't know what else to do.

Call 911 if:

- An individual has attempted or is in immediate risk of attempting or completing suicide.
- An individual is in immediate risk for aggression, violence or has committed a crime.
- An individual is in need of medical attention.



Children's Mobile Mental Health Crisis Response Services

Monday through Friday
1:00 p.m. - 9:00 p.m.

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Children's Mobile Mental Health Crisis Response Services

Monday through Friday from 1:00 p.m. to 9:00 p.m.

What are Mobile Mental Health Crisis Services?

Mobile mental health services are offered to **0 to 21 year old** individuals and are short-term, on the phone or face-to-face services intended to restore a child's, young adult's or family's functioning level to where it was before the crisis occurred. Mobile mental health crisis response services offers youth, adults & families an opportunity to de-escalate a situation or problem in the least restrictive setting while also developing strategies to address any future safety concerns.

When is it a crisis?

- When an individual is struggling with a stressful situation or event and is having trouble coping independently.
- When an individual's behavior becomes threatening to self and/or others.

Who do we serve?

All Allegan County individuals regardless of insurance. Youth 14 to 21 years of age may be seen without parental consent.



What happens when a mobile crisis team is dispatched?

A team of two mental health crisis response staff members will travel to the site where the child, adult or family is located and will provide one or more of the following services:

- Face-to-face supportive listening
- Crisis assessment
- Development of a crisis treatment plan
- Stabilization services to help person return to stable living (see "What are stabilization services")
- Skills training to minimize future crisis
- Connection to ongoing support services and/or other community resources
- Coordination with current service providers

Questions will be asked about safety such as pets or weapons, etc.

Calls that are not received during mobile crisis hours will be referred to a general crisis worker **269-673-6617**. Your family's needs will then be assessed and referred to the mobile crisis team for the next business day.

Public safety may be called to assist if safety risk is too high.

What are stabilization services?

- Short term, face-to-face individualized mental health services which may be provided up to 10 days following crisis intervention or a hospital discharge.
- Preventative measure designed to restore an individual to their prior level of functioning.

Goals of stabilization

- Reduce crises and hospitalizations.
- Maintenance of functioning following a crisis dispatch or hospitalization.
- Connecting people with resources needed to help the return and maintenance of their regular level of functioning.

Cost

FREE! If you have insurance, this may be billed; however, there will be no out-of-pocket costs to families.



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