

ALLEGAN COUNTY COMMUNITY MENTAL HEALTH SERVICES

January 2021 BOARD REPORT

Submitted by: Leanne Kellogg, MS, BSN, RN, Director of Integrated Health and Substance Use Services
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COVID-19 Pandemic Response: Infection Control Officer

As ACCMHS' infection control officer I help to monitor the ever evolving COVID-19 pandemic and our response on a daily basis in conjunction with other leaders around our organization. Our organization continues to participate and/or monitor ongoing internal coordination meetings, regional entity meetings, health department phone calls and coordination as well as any updates in executive orders, MDHHS/BHDDA announcements, code or rule changes and various other supports and resources.

Work throughout the month of December encompassed the following efforts:

- Ongoing continued evaluation, discussion and continuation of our adherence to Phase 0 of our COVID Preparedness and Response Plan which will allow for face-to-face visits to occur through evaluation by health and safety team (H/S) and an emphasis on remote work as much as possible as job duties allow
- Ongoing evaluation of travel requests that occur through review of H/S and feedback routed to staff
- Repeated communication and dissemination of information related to vaccination plans, phasing vaccination prioritization and information as well as relaying facts regarding the vaccine. The resources shared were in conjunction with the Health Department resources as well as linkage to national vaccine information. This communication and coordination was for both of our internal staff as well as our provider network.
- Provider network communication and assistance as warranted for specific cases
- PPE researching, inventory, long-term planning and building-level supplies
- Route and assistance of PPE to provider homes through regional healthcare coalition for immediate needs and plans for continuation of needs as well
- Review of MIOSHA Emergency Orders, Epidemic Emergency Orders by MDHHS, Health Department Recommendation as well as Executive Directives in conjunction with our plan

Personal Protective Equipment (PPE)

Personal Protective Equipment (PPE) supply and distribution continues to be an item of consideration but not as large of a priority due to our current supply levels. We continue to distribute any necessary PPE for our staff in their specific functions as well as coordinate requests from the outside provider network needs as well. We also we be coordinating KN95 mask distribution for provider network as well through the LRE.

ACCMHS COVID-19 Preparedness and Response Plan

We continue to operate in Phase 0. We have emphasized the significance of continued mitigation strategies: mask use, social distancing and enhanced hygiene especially during the season we're in. We will continue to evaluate the status and phase ongoing and monitor closely each week in conjunction with Dr. Tooker.

Outpatient Psychiatric Medical Clinic

Our outpatient psychiatric medical clinic and integrated health team staff continue to be flexible in our remote working arrangement to accommodate our consumer needs.

The medical clinic continues to strive for high quality of care for our consumers and the community.

- Clinic Schedule
 - Both of our prescribers continue to utilize Doxy to conduct psychiatric evaluations, medication reviews and other appointment needs for our consumers
 - Staff members continue to monitor our med refill triage line as well as all phones throughout the day remotely managing our consumers' needs and connecting with our providers on medication concerns
 - Our prescribers are rotating different days or in-person clinic hours as well as home hours with their Doxy use.
 - The additional overflow injection day has allowed us to see more urgent cases and provide in-person care as consumers needs warrant, this has been successful
- Med-Clinic Only, General Fund, High Spend-Down Case Reviews

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- We are having ongoing care coordination conversations with primary care offices to transition appropriate consumers to their healthcare services
- Controlled Substances Prescriptions
 - Currently our outstanding IT issues with our vendors have been resolved and both our tokens are working well! Our on-site clinic days for our prescribers has allowed us to continue to utilize our tokens well
 - We are investigating options to install these tokens on their laptops for more remote ability
- Evaluation and Management (E/M) Code Changes
 - Effective January 2021 there are Federal code changes to our medication review notes, these new codes have been implemented in our EMR system and we are working through this transition and communicating ongoing with our finance department.
- Nurse Practitioner Addition
 - Extended offer to candidate for an additional Nurse Practitioner part-time role, will join our team mid-January

SAMHSA PBHCI Grant

- **See attached** for reported final grant close-out document attachments that show our data. This is not our full close-out report as that was 29 pages, but pertinent data pulled for your awareness attached.

Integrated Health Efforts

- OT
 - Our OT Becky has returned from maternity leave and is evaluating treatment options and reviewing COTA sessions that occurred as well
 - COTA is continuing to provide Doxy appointments when appropriate
 - COTA continues to assist with medical clinic duties
- Community/Residential Nursing
 - Juvenile Home visits and assessments are being conducted as needed with proper PPE
 - COVID testing continues ongoing, working to order COVID testing supplies from another supplier than the Health Department
 - We are working on an updated contract for these services to continue
 - We are beginning to coordinate nursing services in the community as needs arise but plan for a larger plan on connecting those services back where they are needed, planning conversations occurring with clinical services staff
- Smoking Cessation Grant
 - We plan to host an additional virtual training for other partners in our region for more peer staff to be trained. We are still planning options for FY21 and looking for additional training to be done online

Prevention and Housing Services

- **See attached reports.**

Substance Use Services

- Welcome to Amy Embry, Program Manager for Substance Use Services. We are excited to partner with Amy who comes with a vast background in Prevention as well as an eagerness in treatment and expanding our recovery network.
- Position is still posted for Recovery Peer to expand some direct services and engage with our Provider Network
- Highlights on development work include:
 - Red Project Mobile Services
 - MAT in Jail
 - Matrix Model
 - Narcan Kits in ER
 - Recovery Housing

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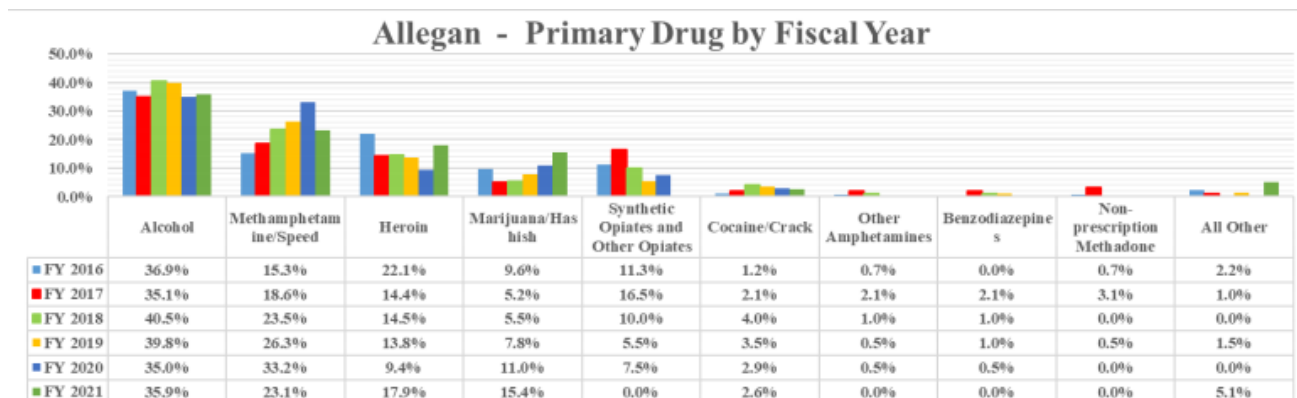
Substance Use Disorder Prevention Services

Submitted by Amy Embury, MA LLP CPC-R, SUD Manager
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As you may be aware, there have been some changes in the Substance Use Disorder staffing. Amy Embury will be serving as SUD Manager to oversee treatment and prevention administration. Heidi Denton has been named as Team Lead for Prevention Services and provide daily oversight for Prevention Services. Sherrie Chase will be increased to a full-time employee in prevention which allows her more time for direct programming.

Allegan County Substance Abuse Prevention Coalition (ASAP)

- Please see the attached for a year in review snapshot of activities that was shared as part of our yearly ASAP and the Suicide Prevention Coalition meeting from December 14th. Featured was Dr. Crystal Collier, herself a person in long-term recovery, a therapist and educator who has been working with adolescents and adults suffering from mental illness, **behavioral problems and substance use disorders since 1991**. Her area of expertise includes adolescent brain development, prevention programming, parent coaching, addiction, family-of-origin work, and training new clinicians. She is a dynamic and energetic presenter and answered questions from our attendees following the short training video she prepared for our coalition titled "The Neuroscience of High Risk Behaviors: focus on Marijuana". We are looking forward to featuring her work throughout the year in education opportunities as we have secured a contract with her for future presentations also.
- The next strategic planning process meeting for ASAP will be held on January 21st. There is also a separate regional meeting on January 29th regarding the results of the methamphetamine needs assessment findings and next steps for the LRE region. This will be presented in conjunction with KWB Strategies (Kori Bissot), Stephanie VanDerKooi (SUD Director for LRE), and Heidi Denton (Allegan CMH and Allegan Substance Abuse Prevention Coalition).
- Through STOP Act funding, we will be supporting underage drinking Public Service Announcements via Comcast which will target our county during the College Football Playoff National Championship game on Jan 11. The 3rd year application for fiscal year 2021/22 of STOP Act funding is due February 5. We will continue the focus on Alcohol related activity as guided by the requirements of the STOP Act funding. The importance of targeting underage drinking prevention is noted as we look at the graph for adult treatment numbers who seek treatment for Alcohol as it remains the primary drug in Allegan County.



.RE Data: Totals are based on submitted and state accepted BHTEDS records.
Data Date: January 1, 2021

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- Our youth coalition endorsed and shared a fun holiday campaign regarding non-use messaging.
<https://dfchouseparty.com/>



- The Marijuana Regulatory Agency (MRA) released applications several months ago. The applications are for funds distributed through the Medical Marijuana Operation and Oversight Grant application. Operation and Oversight Grants are to be distributed at each county for education, communication, and outreach regarding the 2008 Michigan Medical Marijuana Act. The Michigan Legislature has appropriated a total of three million dollars for the 2021 Medical Marijuana Operation and Oversight Grants. Similar to last several years, these grants may not be used for law enforcement purposes. The amount of funds available to each county is calculated based on the number of marijuana registry identification cards issued or renewed in the county as of September 30, 2020 and Allegan County was awarded \$64, 494. These funds will be focus on activities such as supporting TalkSooner, education materials, community presentations and Public Service Announcements. Allegan County is the fiduciary of these funds.

Prevention Programming

- The first virtual Youth Mental Health First Aid took place in December. Youth MHFA will be offered on February 22nd to the entire staff of the Allegan County Area Technical and Education Center. Due to the amount of staff at the center, this training endeavor will take 4 facilitators (and supported by a facilitator through the Van Buren ISD).
- Prevention Programming is continuing on with a blended array of virtual/in person with specific skill building groups at Fennville Elementary, PALs programming and some topic related trainings offered throughout the county. The Prime for Life group has been provided for suspended youth. An adult probation group was held virtually on December 17th with another scheduled for March 26th