



# Allegan CMH Supports Intensity Scale® Program

- The SIS® is an interview tool created by the American Association of Intellectual and Developmental Disabilities to focus on measuring supports in specific activities in all aspects of adult life.
- Allegan CMH has 1 approved SIS® assessor.
- Every 3 years; each individual served at Allegan CMH, who has a developmental disability, will have a SIS® Assessment.
- The SIS® report will be used to provide standardized measures of supports needs in preferred activities. This information can be used in person-centered planning.

Presented to Program Committee of the ACCMHS Board  
By Adam Brink on May 18, 2021

# Supports Intensity Scale® Assessment

- The overall score shows how the person served support needs compare to the sample group of people with developmental disabilities. *(Standardized assessment used in 32 States)*
- The score in each section informs quality of life considerations.
- Recognizes the support to address medical and behavioral needs.
  - AAIDD – The American Association on Intellectual and Developmental Disabilities



# Supports Intensity Scale® Assessment

- The Supports Intensity Scale® Assessment includes all areas of everyday life to ensure that all important areas to and for the person are identified.
- Areas covered are: Home Living, Community Living, Lifelong Learning Activities, Employment Activities, Health and Safety Activities, Social Activities, Protection and Advocacy and Extensive Medical and Behavioral Supports.

## Support Needs Profile

### Activity Subscale Percentile Results

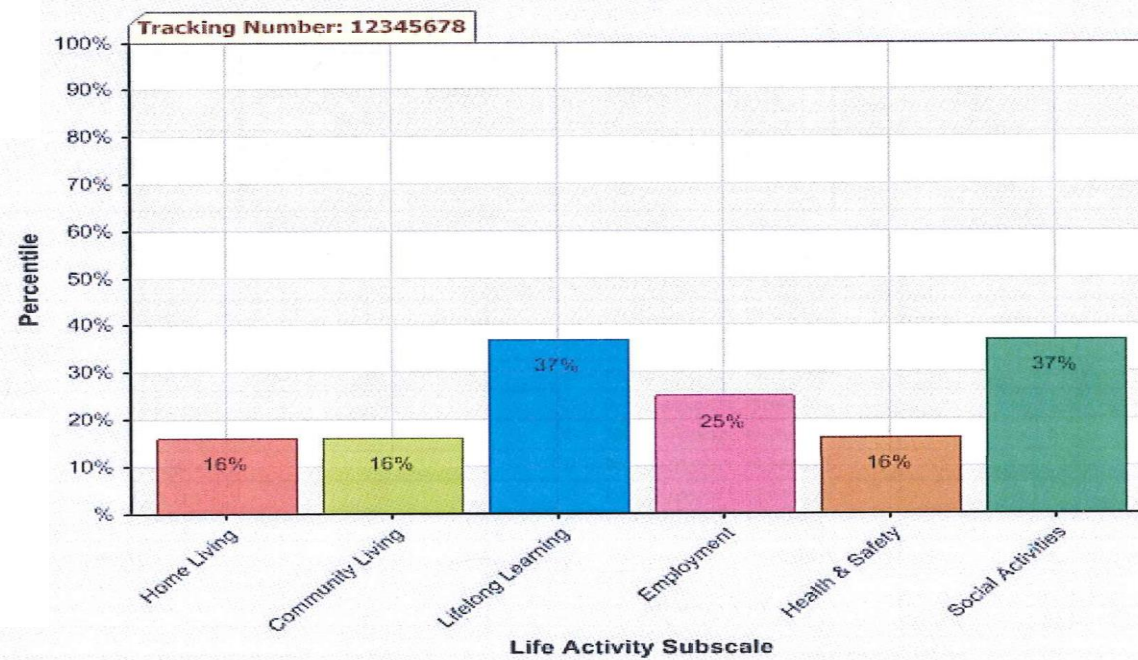
#### Activities Subscale Total Score to Percentile by Area

Activities Subscale	Total Raw Score	Standard Score	Percentile
A. Home Living	29	7	16%
B. Community Living	39	7	16%
C. Lifelong Learning	49	9	37%
D. Employment	41	8	25%
E. Health and Safety	31	7	16%
F. Social	40	9	37%

**Activities Standard Score Total:** 47

**SIS Support Needs Index:** 85

**Percentile:** 16%



*The support needs profile reflects the pattern and intensity of the individual's support. The information provided in sections 1, 2, and 3, can be beneficial in the development of the individual's support plan.*




# Supports Intensity Scale® Assessment

- The Supports Intensity Scale® measures what support a person needs to participate in an activity at a similar level to a same-aged person in the community.
- We are transitioning from “evaluating skills” to assessing supports needed in community settings. Moving from “changing” to supporting individuals.
- “Successful engagement” in an activity means a comparable level of participation to that of any other adult in our community.

## What will the SIS® Assessment be like?

- AAIDD Guides the training of all SIS® Assessors.
- The SIS® Assessor will be the expert on the meaning of the SIS® items and lead a guided conversation.
- The Respondents and person served will be experts on supports that are necessary for the person served to be successful in the community.
- The SIS® Assessment will last approximately two hours.
- The person served must be present for as long as they are comfortable participating.
- The person served should be present at the beginning of the SIS® and needs to be present for at least 15 minutes.





# Supports Intensity Scale® Assessment Report

Using the SIS® Assessment to  
plan supports

# Using the SIS® Assessment to plan supports

- The Individual Plan of Service requires a well thought out pre-plan and successful collaboration between the person served and all those who provide supports.
- The Supports Intensity Scale® is an assessment that is used to gather data that will provide valuable information on an individual's needs and wants.
- The Support Intensity Scale “flags” areas of value and interest that is important to the person served or for the person served. These can be used to prioritize goals in the IPOS.



# Using the SIS<sup>®</sup> Assessment to plan supports

- The planning process shifts from “fixing” or “changing” the person served to identifying the supports that are necessary for the person served to become successfully engaged in **preferred** activities just as any same aged adult would.



# Using the SIS® Assessment to plan supports

- Use SIS® Assessment results and information from person centered planning to prioritize preferences and identify supports needed.
- Some preferences are “flagged” during the assessment and in the SIS report.
- Consider outcomes in the Individual Plan of Service based on flagged areas of interest or need in the SIS® report. These are areas that were identified as “important to” and “important for” the person served.



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## Using the SIS<sup>®</sup> Assessment to plan supports

- Identify the supports sources.
- Complete the Individualized Plan of Service that specifies the types of supports (reminders, coaching, partial assistance, full assistance); frequency of supports; and daily support time needed to engage in specific settings and activities.



# Using the SIS® Assessment to plan supports

## How the SIS® Report informs the IPOS

- Skill building?
- Support to fully engage with others in a community setting?
- Exceptional medical support needs?
- Safety concerns due to exceptional behavioral or medical support needs?
- Other specific supports?
- Flagged areas of value/interest to the person and for the person?



# Using the SIS® Assessment to plan supports

## How the SIS® Report informs the IPOS

- Are the types of support, the frequency and daily support time we are providing in the Individual Plan of Service matching what was identified in the SIS® assessment making sense for the person served?
- Are there other ways to provide the supports necessary for the person served to be successful that are not included in the plan of service?
- What is the medically necessary amount of support needed?



## The SIS<sup>®</sup> process informs

- Finding out what type of supports are needed (reminders, coaching, help with doing, doing for the person).
- How often the supports are needed (frequency: monthly, weekly, daily, hourly).
- How much support time would it take for the person be successful (daily support: 30 min, 30 min-2 hour, 2hours to 4 hours, 4 hours or more).
- The support structure needed to participate in any preferred activity just like any other adult in the community.



# Resources

- AAIDD: American Association on Intellectual and Developmental Disabilities: [www.AAIDD.org](http://www.AAIDD.org)
- Supports Intensity Scale® website: [www.siswebsite.org](http://www.siswebsite.org)

**Allegan County CMH Website: [www.accmhs.org](http://www.accmhs.org)**



Questions / Comments / Concerns?