

ALLEGAN COUNTY COMMUNITY MENTAL HEALTH SERVICES

May 2021 BOARD REPORT

Submitted by: Leanne Kellogg, MS, BSN, RN, Director of Integrated Health and Substance Use Services
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COVID-19 Pandemic Response: Infection Control Officer

Our organization continues to participate and/or monitor ongoing internal coordination meetings, regional entity meetings, health department phone calls and coordination as well as any updates in executive orders, MDHHS/BHDDA announcements, code or rule changes and various other supports and resources.

Work throughout the month of March encompassed the following efforts:

- Ongoing continued evaluation, discussion and continuation of our adherence to Phase 0 of our COVID Preparedness and Response Plan which will allow for face-to-face visits to occur through evaluation by health and safety team (H/S) and an emphasis on remote work as much as possible as job duties allow. We've seen a continued increase in need for face-to-face visits for scenarios in our community and staff have done a great job of keeping H/S informed of these circumstances and requests
- Ongoing evaluation of travel notification that occur through review of H/S and feedback routed to staff
 - Potential removal of quarantine requirements based on staff vaccination status
- Relevant updates to vaccine information and health department dissemination is also being communicated to staff as applicable
- Provider network communication and assistance as warranted for specific cases
- PPE ordering, researching, inventory, long-term planning and building-level supplies as well as any coordination of such needs with our provider network
- Review of MIOSHA Emergency Orders, Epidemic Emergency Orders by MDHHS, Health Department Recommendation as well as Executive Directives in conjunction with our plan
- Homelessness population identification for priority vaccination discussion with the Health Department
- Increased evaluation efforts and discussion with supervisory staff of further phasing and best way to approach the complexity of this issue; further feedback to be gathered from staff via surveys
- Coordination of auditing of primary clinician caseloads to identify vaccination needs and tele-health preferences

Personal Protective Equipment (PPE)

Personal Protective Equipment (PPE) supply and distribution continues to be an item of consideration but not as large of a priority due to our current supply levels. We continue to distribute any necessary PPE for our staff in their specific functions as well as coordinate requests from the outside provider network needs as well. We will begin to inventory more specifically as our phasing plans become more informed and operational.

ACCMHS COVID-19 Preparedness and Response Plan

We continue to operate in Phase 0. We have emphasized the significance of continued mitigation strategies: mask use, social distancing and enhanced hygiene especially during the season we're in. We will continue to evaluate the status and phase ongoing and monitor closely each week in conjunction with Dr. Tooker. Considerable evaluation and feedback efforts are underway as we begin to look for phase shifts moving forward.

Outpatient Psychiatric Medical Clinic

Our outpatient psychiatric medical clinic team staff continue to be flexible in our remote working arrangement to accommodate our consumer needs.

May 6th-12th is National Nurses' week, we are honored to have nurses in our outpatient psychiatric clinic and our ACT team who serve our consumer population with diligence, dedication, passion and empathy. Thank you to all our organization's nurses, we appreciate you!

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The medical clinic continues to strive for high quality of care for our consumers and the community.

- Clinic Schedule
 - We have continued our rotation our clinic staff duties and pairing specific nurses and medical assistants with designated prescribing staff
 - Increased ability to decipher consumer needs
- Improved Workflow for Triage Phone Calls
 - Med clinic staff altered their workflow and rotation of phone coverage to increase call answering capacity and availability to our consumers as well as staff
- Enhanced EMR Records
 - Med clinic staff have implemented a screening tool to identify further clinical measures and update consumer charts within our EMR
- Streamline EMR
 - Specific discussions regarding various ticket issues involving prescriptions differences with pharmacies, dosage changes, ongoing continued evaluation and updates to our internal IT department and vendor EMR

CCBHC (Certified Community Behavioral Health Clinic) Grant

- We continue to wait in anticipation of news sometime before 8/21/21

Integrated Health Efforts

- OT
 - Our OT and COTA are continuing to provide Doxy appointments when appropriate as well as some home drop-off materials to consumers and families who would benefit from such activities
 - OT and COTA continues to assist with medical clinic duties as well as other organizational projects as assigned
- Community/Residential Nursing
 - Juvenile Home visits and assessments are being conducted as needed with proper PPE
 - COVID testing continues ongoing, rapid COVID tests are now being done resulting in quicker results and care coordination for those in service
 - Increased awareness of billing workflow options of residential nursing referrals, insurance requirements and process for staff
 - Referrals have been made and future appointments are scheduled

Housing Department

- Since October 1, ACCMHS has helped 27 individuals with emergency shelter hotel placement for a total of 422 nights. Persons served meet the federal definition of homelessness, meaning they were living on the street or in a place not meant for human habitation.
- Additional funding due to Covid-19 has been very effective in helping people maintain their housing and prevent foreclosure or eviction; the funding has also required staff capacity to manage the programs, funding and case management needs of eligible clients. It has also led to a reduction in available housing stock, as individuals have been able to retain their housing and there is less turnover and ongoing availability. Additional street and other outreach and analysis of housing options is a strategic focus of the Housing program, in collaboration with the Local Planning Body (formerly Housing Continuum of Care)

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Substance Use Disorder Prevention Services

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Allegan County Substance Abuse Prevention Coalition (ASAP)

- Virtual presentations with Dr. Crystal Collier are scheduled for two schools in May with three different presentations. Dr. Crystal Collier has been working with adolescents and adults suffering from mental illness, behavior disorders, and substance abuse since 1991. Her area of expertise includes adolescent brain development, prevention programming, parent coaching, addiction, family-of-origin work, and training new clinicians and school counselors. Plainwell HS has scheduled Dr. Collier to do a staff presentation on May 5th for all of their teachers and staff. The focus will be on the teen brain and the effects of substance use and mental health. May 12th and 13th will be for Allegan MS and HS parents. The 12th will focus on middle school aged youth and the struggles they are seeing among teens in relation to substance use and mental health. May 13th will have the same focus for high school aged youth. Both presentations will be at 7pm and last for approximately an hour.

Prevention Programming

Mental Health First Aid:

Adult Mental Health First Aid training flyer for June is attached.

Prime for Life:

Adult: The next class is May 7th.

Youth: Meeting with Outlook Academy scheduled

May Mental Health Awareness Activities:

- Reminder: Michigan is hosting a "Michigan Suicide Prevention Training Week May 15th-22nd" The Allegan County Suicide Prevention Coalition will be offering a free virtual Question, Persuade, Refer (QPR) session on May 17 at 6pm. <https://www.eventbrite.com/e/qpr-question-persuade-refer-virtual-workshop-tickets-148612398685>
- Reminder: The Great Start Collaborative is again hosting a Children's Mental Health Awareness Art Contest (virtually) via the Help me Grow Facebook page. (Flyer was submitted last month)
- Erin Hurley was the guest reader for the month of May and shared her favorite social /emotional book she often uses in the groups she facilitates. We also coordinated this effort with the Great Start Collaborative to promote Children's Mental Health Day.



Help Me Grow Allegan is at Allegan County Community Mental Health Services.

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*Make sure you join our private "Allegan Art Contest" FB page and enter your child's artwork in this year's Virtual Art Contest for Children's Mental Health Day on Friday, May 7th. (4) Random winners will be selected to receive a \$25 Meijer Gift Card. <https://www.facebook.com/groups/AlleganArtContest>

