



Caring for Allegan County

Self-Determination

**540 Jenner Dr.,
Allegan, MI**

Self-determination is a value that all people, including those served by the public mental health system. You have the right to choose the kind of life you want to live. OnPoint encourages individuals to have power and control over their lives so they can:

- Make their own choices
- Decide what support they need
- Be a part of their community
- Have a life with personal meaning

How does Self- Determination work?

Through person-centered planning, you'll meet with your Primary Clinician to talk about your strengths, goals, and desires. You will decide what goals you want to work toward and who will support your choices and help you reach those goals.

Your Primary Clinician, family, and friends can also help you make choices that are healthy and safe.

You may request an independent facilitator at any time to help guide you through the person-centered planning process.

If you are interested in exploring Self-Determination, please speak with your Primary Clinician or refer to our website for education and training information at onpointallegan.org

What are Self-Directed Services?

If you choose to self-direct any of your services, you will create an opportunity to take more control over your life. You're the employer and will select, direct and manage your services and supports. You will have budget authority and decide how to spend your Medicaid funds for those services and supports as identified in your Individual Plan of Service (IPOS).

Types of Self-Directed Arrangements

- **Direct Employment:** Employer is referred to as the Employer of Record, individual or guardian is the employer and has authority to hire, fire, supervise and manage workers.
- **Agency Supported Self-Direction:** The use of an OnPoint contracted agency that serves as Employer of Record for staff selected by the individual.
- **Direct Contract:** A service arrangement between individual and independent provider agency.

Principles of Self-Determination

- **Freedom:** Deciding how to live a good life with ability to acquire necessary supports in ways that are different from traditionally delivered services.
- **Authority:** Controlling a targeted amount of dollars to purchase supports.
- **Support:** Organizing resources in ways that are life enhancing and meaningful.
- **Responsibility:** Using public funds wisely.

We Help You Live Self-Directed By

- Focusing on your strengths, wishes, and desires.
- Recognizing health and safety needs.
- Helping you be a part of your community and finding resources to help you reach your goals.
- Purchasing supports and services as identified in your Person-Centered Plan.
- Helping you arrange self-directed services if you choose.